

CERTIFICATE OF PARTICIPATION

This is to certify that

Erens Seema

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 00:44:35

PACE 04:27/km

OVERALL 19 of 287

GENDER 13 of 157

**SENIOR (20- 9 of 65
39)**

04 December 2016, Sun

Date



BoutTime

Signature

